

CHECKLIST

<input type="checkbox"/>	1	Fontes-Villalba, Maelán, et al. Palaeolithic diet decreases fasting plasma leptin concentrations more than a diabetes diet in patients with type 2 diabetes: a randomised cross-over trial. <i>Cardiovascular diabetology</i> , 2016, vol. 15, no 1, p. 1.
<input type="checkbox"/>	2	Otten, J et al. Effects of a Paleolithic diet with and without supervised exercise on fat mass, insulin sensitivity, and glycemic control: a randomized controlled trial in individuals with type 2 diabetes. <i>Diabetes Metab Res Rev</i> . 2016 May 27.
<input type="checkbox"/>	3	Genoni, Angela, et al. Cardiovascular, Metabolic Effects and Dietary Composition of Ad-Libitum Paleolithic vs. Australian Guide to Healthy Eating Diets: A 4-Week Randomised Trial. <i>Nutrients</i> , 2016, vol. 8, no 5, p. 314.
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<input type="checkbox"/>	5	Whalen, Kristine A., et al. Paleolithic and Mediterranean diet pattern scores are inversely associated with biomarkers of inflammation and oxidative balance in adults. <i>The Journal of nutrition</i> , 2016, p. jn224048.
<input type="checkbox"/>	6	Palmer, Biff F.; Clegg, Deborah J. Achieving the Benefits of a High-Potassium, Paleolithic Diet, Without the Toxicity. En <i>Mayo Clinic Proceedings</i> . Elsevier, 2016. p. 496-508.
<input type="checkbox"/>	7	Wilson, Patrick B. Nutrition behaviors, perceptions, and beliefs of recent marathon finishers. <i>The Physician and sportsmedicine</i> , 2016, no just-accepted.
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<input type="checkbox"/>	12	Ahlgren, Christina, et al. Engagement in New Dietary Habits—Obese Women’s Experiences from Participating in a 2-Year Diet Intervention. <i>International journal of behavioral medicine</i> , 2015, p. 1-10.
<input type="checkbox"/>	13	Tarantino, Giovanni et al. Hype or Reality: Should Patients with Metabolic Syndrome-related NAFLD be on the Hunter-Gatherer (Paleo) Diet to Decrease Morbidity?. <i>J Gastrointestin Liver Dis</i> , 2015, vol. 24, no 3, p. 359-368.

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